SEXY SURVIVOR

10 YEAR ANNIVERSARY

Survivor to Survivor Hope is Happening

Beyond monsters
Beyond carceral
LEARNING CHANGE

Presence in small doses
Breathing
Nature
Kink, age play
Ritual masturbation
Relationship notes

So that we can...

Experience exquisite joy
Experience vulnerability
Tell those in my life what happened to me as a child

Still angry & I love who I am in spite of & because of...

Sexual Healing takes a village

Opportunity to PRACTICE

Self-compassion
Manage resistance, heal triggers
Reparative experience?

Exploration
What is something you don't allow yourself to be curious about?

Curiosity
Often crushed in childhood

Intimacy is triggering
Fear
Anxiety
Aversion to sex

Shrunken world
Hypersexuality
Learning how to say "no"

People who harmed me were also harmed

Foster care
Cardinal feminism
Intimate partner violence
Juvenile incarceration

CSA
White supremacy
Xenophobia
Cardinal feminism

What words honour your experience?

AFRO CARIBBEAN
BLACK QUEER
INDIIG FEMME
BLACK TRANS MOS

I was abused in a secret relationship with a woman

I made up for lack of presence in my body by performing

Sex acts...

I gave up sex unable to ask

I was abused in a secret relationship with a woman

in a later relationship people were around when I was being physically abused

I unconsciously avoided full connection, leave die end

8 years old my sister began sexually abusing me

We talk about adults sexually abusing... WHAT ARE WE NOT TALKING ABOUT?

Sex & power was easy...

I am learning how to share myself more fully

Power distribution is essential for sexual liberation

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Higher Spiritual Meaning

Environmental crisis = Political violence spikes

Sex can open deep connection to self & others

Practice connection skills

Accountability

BOUNDARY SETTING

Not politically correct? Racist on sex to be with

Feeling travel - Ask for needs, not permissions

Anger can tell us our object & that's ok

Can't always articulate & that's ok

FANTASY DESIRE

Sensual, sexual, pleasurable

KINK

Enjoy fantasies about rape but don't participate

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